



Medical Equipment List Bermuda - Cat A						
Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
1A	1a. Oxygen reservoir (e.g. D Size 300ltr cylinder)	Use As Directed	Use As Directed	1		
1A2	1a2. 1 Flow meter unit giving a minimum setting of not less than 4ltrs per minute	Use As Directed	Use As Directed	1		
1A3	1a3. 1 Pressure regulating unit	Use As Directed	Use As Directed	1		
1A4	1a4. 1 Set of tubing	Use As Directed	Use As Directed	1		
1A5	1a5. 5 x 24% oxygen disposable face masks	Use As Directed	Use As Directed	1		
1A6	1a6. 5 x high concentration oxygen disposable face masks with a reservoir Each part constructed so that it can only be assembled in the correct manner	Use As Directed	Use As Directed	1		
1B	1b. Aspirator to clear airways (manual, hand operated) + 2 catheters	Use As Directed	Use As Directed	1		
1C1	1c. Pocket face mask with valve	Use As Directed	Use As Directed	1		
1C2	1c2. Inlet Guedal Airway Sizes 3 & 4	Use As Directed	Use As Directed	1		
2A1	2a1. Sterile non-absorbable sutures swaged to a half circle needle with a cutting edge 2 Sizes e.g. 16mm & 26mm	Use As Directed	Use As Directed	6		
2A2	2a2. Sterile Absorbable sutures swaged to a half circle needle 1 size e.g. 26mm	Use As Directed	Use As Directed	3		
2B1	2b1. Adhesive elastic bandage 7.5cm x 4 cm	Use As Directed	Use As Directed	4		
2B2	2b2. Crepe bandage 7.5cm x 4cm	Use As Directed	Use As Directed	4		
2C	2c. Tubular Gauze bandage, for finger dressings 20m length with applicator	Use As Directed	Use As Directed	1		
2D	2d. Latex Free Vinyl Disposable Gloves	Use As Directed	Use As Directed	25 pairs		
2E	2e. Adhesive Dressings Assorted Sterile	Use As Directed	Use As Directed	40		
2F1	2f1. Sterile bandages with unmedicated dressings (Ambulance dressings) medium, No.1 (12x10) cm	Use As Directed	Use As Directed	5		
2F2	2f2. Sterile bandages with unmedicated dressings (Ambulance dressings) Large, No.2 (20x15) cm	Use As Directed	Use As Directed	5		
2F3	2f3, Sterile bandages with unmedicated dressings (Ambulance dressings) Extra Large, No.3 (28x20) cm	Use As Directed	Use As Directed	4		
2G	2g. Adhesive Sutures 75mm adhesive suture strips	Use As Directed	Use As Directed	6		
2H	2h. Sterile Gauze Swabs packet containing 5 sterile gauze pads size 7.5cm x 7.5cm	Use As Directed	Use As Directed	10		
2I	2i. Sterile burns sheet for burns victims	Use As Directed	Use As Directed	1		



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2J	2j. Triangular Sling / Bandage	Use As Directed	Use As Directed	4		
2K	2k. Paraffin gauze dressings, size 10cm x 10cm	Use As Directed	Use As Directed	40		
3A	3a. Disposable scalpels e.g. 10 Blades	Use As Directed	Use As Directed	2		
3B	3b. Stainless Steel instrument box	Use As Directed	Use As Directed	1		
3C1	3c1. Stainless Steel Dressing Scissors	Use As Directed	Use As Directed	1		
3C2	3c2. Sharp Pointed Scissors	Use As Directed	Use As Directed	1		
3D	3d. Dissecting Forceps Toothed	Use As Directed	Use As Directed	1		
3E	3e. Haemostatic Clamps	Use As Directed	Use As Directed	1		
3F	3f. Needle Forceps	Use As Directed	Use As Directed	1		
3G	3g. Disposable Razors	Use As Directed	Use As Directed	5		
4A	4a. Disposable Tongue Depressors	Use As Directed	Use As Directed	10		
4B	4b. Reactive Strips for urine analysis e.g. multistix	Use As Directed	Use As Directed	1 pack		
4C	4c. Temperature Charts	Use As Directed	Use As Directed	1 pad		
4D	4d. Medical Evaluation Reports	Use As Directed	Use As Directed	1 pad		
4E	4e. Pregnancy Test kit	Use As Directed	Use As Directed	1		
4F	4f. Stethoscope	Use As Directed	Use As Directed	1		
4G	4g. Aneroid Sphygmomanometer	Use As Directed	Use As Directed	1		
4H	4h. Standard clinical thermometer	Use As Directed	Use As Directed	3		
4I	4i. Hypothermic thermometer low reading rectal thermometer	Use As Directed	Use As Directed	1		
4J	4j. Disposable Sputum cup with cover	Use As Directed	Use As Directed	2		
4K	4k. Specimen jars Strong glass or plastic with airtight lid 50ml with blank labels	Use As Directed	Use As Directed	2		
5A	5a. Bladder Drainage set including bag, spigots and tube	Use As Directed	Use As Directed	1		
5B	5b. Rectal Drip set	Use As Directed	Use As Directed	1		
5C	5c. Disposable syringes 2ml, 5ml, 10ml,	Use As Directed	Use As Directed	10 of each		
5D	5d. Disposable Hypodermic needles (21G) 0.8mm and (25G) 0.5mm	Use As Directed	Use As Directed	30		
5E	5e. "Sharps" Disposal box 1 litre size	Use As Directed	Use As Directed	1		
5F1	5f1. Catheter Foley type 16 charriere guage, 5 ml balloon (short / medium term use in adults)	Use As Directed	Use As Directed	1		
5F2	5f2. Catheter Nelaton size 16 charriere guage 9 with no balloon)	Use As Directed	Use As Directed	1		
5F3	5f3. Catheter Penile sheath set	Use As Directed	Use As Directed	1		
6A	6a. BedPan (Stainless steel or sterilisable plastic)	Use As Directed	Use As Directed	1		
6B	6b. Hot Water bottle with fabric cover	Use As Directed	Use As Directed	1		
6C	6c. Urine bottle (urinal)	Use As Directed	Use As Directed	1		
6D	6d. Ice bag	Use As Directed	Use As Directed	1		
7A	7a. Malleable finger splint	Use As Directed	Use As Directed	1		
7B	7b. Malleable forearm and hand splint	Use As Directed	Use As Directed	1		



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7C	7c. Splints - simple, vacuum (inflatable only if others unavailable)	Use As Directed	Use As Directed	1		
7D	7d. Thigh Splint - (Traction) e.g. thomas, donway etc.	Use As Directed	Use As Directed	1		
7E	7e. Collar for neck immobilisation - (semi-rigid) Adjustable Collar	Use As Directed	Use As Directed	1		
8A1	8a1. Water disinfection compound in liquid form - litres	Use As Directed	Use As Directed	5		
8A2	8a2. liquid insecticide / powder insecticide in liquid form - litres	Use As Directed	Use As Directed	5		



Medicine Equipment List Bermuda - Cat A						
Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
1A	1a. Adrenaline /Epinephrine Inj BP 0.5ml -adrenaline acid tartrate injection 1.0mg in 1ml (1 in 1000)	Heart stimulant Anaphalaptic shock (severe allergy with collapse)	0.5 to 1.0ml by IM inj.	10		
1A2	1a2. Epipen (Adrenaline 0.3mg)	Heart stimulant Anaphalaptic shock (severe allergy with collapse)	0.3mg	5		
1B	1b. Glyceryl Trinitrate (GTN) Spray 400 micrograms / metered 200 dose aerosol and transdermal patches 5mg x 2	Anti-Angina (heart pain) suspected heart attack or heart pain	1-2 sprays under tongue	1 unit		
1C1	1c1. Frusemide / Furosemide	Diuretic (water tablet) swelling / fluid retention breathlessness due to heart failure	40mg (1 tab) once daily	28		
1C2	1c2. Frusemide / Furosemide	Diuretic (water tablet) swelling / fluid retention breathlessness due to heart failure	2ml by IM inj.	2		
1D	1d1. Phytomenadione (Vitamin K1) paediatric injection (0.2ml ampoule)	Anti-Haemorrhage drug for new born babies	0.2ml (1amp) by IM inj single dose	1		
1D2	1d2. Ergometrine 500mcg, Oxytocin 5 units (1ml ampoule) (Syntometrine)	Anti-Haemorrhage drug used immediately after delivery of baby or for bleeding after miscarriage	1ml (1amp) by IM inj single dose	2		
1E	1e. Atenolol 50mg tablets	Anti-Hypertension (high BP) drug, may be useful for angina also	50mg (1 tab) once daily	28		
2A1	2a1. Cimetidine 400mg tablets	Anti-Acid drug for heartburn, dyspepsia, stomach and duodenal ulcers	400mg (1 tab) twice daily	60		
2A2	2a2. Proprietary Antacid of choice (Milk Of Magnesia)	Proprietary anti-indigestion preparations for heart burn, Dyspepsia etc.	As Instructions with package.	As reqd.		
2B1	2b1. Prochlorperazine maleate 3mg buccal tablets	Anti-Sickness drug used for sickness due to ear problems (vertigo), drugs e.g morphine	3mg (1 tab) under tongue twice daily	50		
2B2	2b2. Promethazine hydrochloride 25mg per ml (1ml ampoule)	Anti-sickness drug and anti-histamine useful for severe motion sickness and for severe allergic reactions	25mg (1 amp) by IM inj	10		
2B3	2b3. Hyoscine hydrobromide 0.3mg tablets	Anti-sickness tablet	0.3mg (1 tab) 6 hourly max 3 in 24 hours	60		
2B4	2b4. Cinnarizine 15mg (sturgeon)	Anti-sickness drug used for motion sickness	15mg (1 tab) 8 hourly	60		
2C	2c. Glyceryl Suppository mould 4mg	Lubricant Laxative used to encourage passage of stools	1 suppos. inserted into the rectum	12		
2D	2d. Loperamide 2mg capsules	Control of diarrhoea	4mg initially then 2mg after each loose stool	30		
3A1	3a1. Paracetamol 500mg tablets	Mild Pain Killer	1gm (2 tabs) 4 hourly	100		
3A2	3a2. Ibuprofen 400mg tablets	Anti-Inflammatory painkiller, suitable for headache, limb pain	400mg (1 tab) 8 hourly	100		
3A3	3a3. Diclofenac sodium 50mg suppository	Anti-Inflammatory painkiller suitable for most pain, especially bone, joint and muscle pain	50mg (up to 3 via the rectum daily)	10		
3B1	3b1. Codeine Phosphate 30mg tablets	Strong painkiller suitable for moderate to severe pain.	30mg (1 tab) 6 hourly	28		
3B2	3b2. Morphine Sulphate 10mg in 1ml injection (1ml ampoule) or nalbuphine 10mg in 1ml injection	Very strong painkiller suitable for all severe pain	10mg (1 amp) 4-6 hourly by IM inj	10		
3C	3c. Hyoscine butylbromide 10mg tablets	Anti-Spasmodic for treatment of abdominal cramps and colic	10-20mg (1-2 tabs) 6 hourly	56		
4A1	4a1. Diazemuls injection 5mg per ml, (2ml ampoules)	Anti-anxiety, sedation medication. Can help with muscle spasm in injury and low back pain	5-10mg by IM injection 5-10mg tablet, 4 hourly up to a maximum of 30mg per day	5		
4A2	4a2. Diazepam 5mg tablets	Anti-anxiety, sedation medication. Can help with muscle spasm in injury and low back pain	5-10mg by IM injection 5-10mg tablet, 4 hourly up to a maximum of 30mg per day	28		
4B1	4b1. Chlorpromazine hydrochloride 25mg injection	Anti-Psychosis (acute madness) drug. Sedates and controls symptoms in acute psychosis especially violent or disturbed patients.	25mg by IM injection, 8 hourly	5		



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4B2	4b2. Chlorpromazine hydrochloride 25mg tablets	Anti-Psychosis (acute madness) drug. Sedates and controls symptoms in acute psychosis violent or disturbed patients.	25mg tablet 8 hourly	28		
4D	4d. Diazepam Rectal Dispenser 10mg in 2.5ml	Anti-epileptic medication used to control fits	10mg per rectum up to a maximum of 2 doses	5		
5A	5a. Cetirizine 10mg tablets	Anti-Allergy medication useful in controlling itching rashes and hay fever like symptoms due to allergy	10mg once daily only	30		
5B1	5b1. Hydrocortisone injection powder for reconstitution 100mg vial with 2ml water for injection / ready diluted 100mg in 1 ml injection	Anti-Allergy steroid for serious allergies causing severe symptoms or collapse	100mg by IM injection 8 hourly if repeated	3		
5B2	5b2. Prednisolone 5mg tablets	Anti-Allergy steroid also essential treatment of acute asthma	5-20mg once daily more in severe asthma	28		
6A1	6a1. Salbutamol inhaler 100 micrograms per metered dose. 200 dose inhaler with volumatic	Anti-bronchospasm (wheeze) drug used to treat asthma and allergic wheezing	200 micrograms (2 puffs) 3-4 times daily	1		
6A2	6a2. Beclamethasone 100 micrograms per metered dose inhaler	Anti-asthma steroid taken by inhalation usually with salbutamol	200 micrograms (2 puffs) 3-4 times daily	1		
6B	6b. Proprietary Cough Mixture	Used to treat coughs	As Instructions with package.	As reqd.		
7A1	7a1. Benzylpenicillin- benzylpenicillin sodium 600mg injection (powder for reconstitution in a rubber capped and metal topped vial) and water for injection 2ml	First line antibiotic for serious infections such as cellulitis and meningitis	600 to 1200 mg by IM inj, 6 hourly	10		
7A2	7a2. Ciprofloxacin (as hydrochloride) 500mg tablets	Broad spectrum (general purpose) antibiotic	500mg twice daily	20		
7A3	7a3. Cefuroxime injection 750mg vial and water for injection	Broad spectrum antibiotic, useful to protect against infection in major wounds	750mg by IM inj, 8 Hourly	20		
7A4	7a4. Erythromycin 250mg tablets	General purpose antibiotic, useful in penicillin allergic patients	250-500mg, 6 hourly	28		
7A5	7a5. Doxycycline 100mg capsules	Antibiotic used for sexually transmitted diseases and sinusitis	100mg once daily	8		
7B/C	7b/c. Trimethoprim 200mg tablets	Antibiotic useful for treatment of urinary tract infection and bronchitis	200mg twice daily	14		
7D	7d. Mebendazole 100mg tablets	Anti-parasite drug for treatment of gut infestation e.g. threadworms	100mg single dose	8		
7 E 1	7e1. Metronidazole suppositories 1g	Antibiotic and anti-protazoal e.g. trichomonas and amoebic infections. useful to gut related infections.	1mg per rectum or 400 / 500mg by mouth, 8 hourly	10		
7 E 2	7e2. Metronidazole 500mg or 400mg tablets	Antibiotic and anti-protazoal e.g. trichomonas and amoebic infections. useful to gut related infections.	1mg per rectum or 400 / 500mg by mouth, 8 hourly	21		
7F1	7f1. Tetanus & Diptheria vaccine (revaxis) (revaxis) (0.5ml amp)	For protection against tetanus infection either in unprotected or as a booster after injury	0.5ml by IM or deep subcutaneous inj	5		
7F2	7f2. Tetanus Immunoglobulin ampoule for injection (tetagam)	Used to protect against tetanus in high risk wounds e.g. agricultural injury in unvaccinated patients	1 ampoule by IM inj	1		
8	8. Sodium chloride & dextrose rehydration salts sachets of Oral Rehydration Salts, Formula A. (Dioralyte)	Used to treat dehydration in vomiting and diarrhoea or severe illness	Follow instructions on Sachet	1 box (16-20)		
9A1	9a1. 100ml solution or pre-impregnated wipes containing 0.015% w / v chlorhexidine and 0.15% w / v cetrimide	For cleaning skin wounds and disinfection	Follow instructions on bottle / Packaging	1 Bottle or 1 pack wipes		
9A2	9a2. Neomycin / Bacitracin cream 15g tube	Topical Cream infections	As Instructions with package.	1		
9A31	9a31. Hydrocortisone 1% cream 15g tube	Anti-inflammitory weak steroid cream. useful in eczema type rashes, allergic rashes, bites etc.	Applied to affected area sparingly, no more than three times per day	2		



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Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
9A32	9a32. Proprietary NSAID gel / ointment	Anti-Inflammatory	As Instructions with package.	As reqd.		
9A41	9a41. Benzoic ointment BP 50mg (benzoic acid 6%; salicylic acid 3%, in emulsifying ointment 15g	Anti-fungal ointment for treatment of athletes foot, ringworm etc.	Applied to infected area twice a day	3		
9A42	9a42. Miconazole nitrate 2% topical cream 30g	Anti-fungal cream for treatment of ringworm etc.	Applied to infected area twice daily	2		
9A43	9a43. Clotrimazole 500mg pessary (if women onboard)	Treatment of vaginal or vulval thrush	Insert 1 pessary (single dose)	2		
9A51	9a51. Silver Sulphadiazine 1% cream 50g tube	Anti-Bacterial cream for protection against infection in burns.	Applied to burn in burn bag, under dressing or alone. cleaned off at dressing changes and re-applied.	2		
9A61	9a61. Permethrin 1% in a base containing isopropylalcohol 20% cream rinse	Skin preparation	As Instructions with package.	2		
9A62	9a62. Zinc ointment BP (containing zinc oxide15%) 25g	Moisturising ointment for dry skin conditions	Applied to affected area	1		
9A63	9a63. Potassium permanganate crystals 10g container / peritabs pack	For cleansing and deodorising oozing wounds or skin rashes	Wet dressings or baths 0.01% solution	1		
9B1	9b1. Chloramphenicol 1% 4g tube	General purpose eye antibiotic use after foreign body / minor injury and for conjunctivitis	instill into eye 3-4 times per day	4		
9B2	9b2. Neomycin sulphate 0.5% 0.5ml (gentamicin)	General purpose antibiotic eye drops for eye infection and protection against infection after removal of foreign bodies etc.	instill into eye 3-4 times per day	20		
9B3	9b3. Dexamethasone sodium phosphate 0.1% 0.5ml	Treatment of inflamed irritated eyes Anti-inflammatory	instil 1-2 drops into affected eye, 4 times a day	20		
9B4	9b4. Amethocaine hydrochloride 0.5% 0.5ml (tetracaine)	Local anaesthetic drops for eye. Useful for numbing eye before removing foreign bodies and for acute pain e.g. in arc eye.	instill 1-2 drops into affected eye do not use repeatedly.	20		
9B5	9b5. Pilocarpine nitrate 2% 0.5ml	Drops constrict the pupil , used to treat raised pressure in the eye (glaucoma)	Instill 2 drops 3-6 times per day	20		
96	9b6. Fluroscein sodium 1% 0.5ml	Used to detect scratches or lesions on the front of the eye (cornea)	Instill 1-2 drops for examination	20		
9C1	9c1. Antibiotic ear drops	General purpose antibiotic / anti-inflammatory ear drops for infection of the outer ear canal	Instill 3 drops into the affected ear 3-4 times per day	1		
9C2	9c2. Decongestant solution : Ephedrine nasal drops BP 0.5% Ephedrine hydrochloride (10ml bottle)	Nasal decongestant	Instill 1-2 drops into each nostril 3 times a day	1		
9D	9d. Chlorhexidine Gluconate 0.2% Mouthwash 300ml	anti-septic mouthwash for sore throats, mouth sores etc.	Rinse mouth with 10 mls twice per day	1		
900	9e2. Lignocaine / lidscaine gel 2% , chlorhexidine 0.25% in lubricant syringe	local anaesthetic gel	#	1		
9000	9e31. Proprietary gel e.g. bonjela	Soothing Gel for Mouth ulcers	As Instructions with package.	1		
9E+32	9e32. Oil of Cloves 10ml	Natural oil with local anaesthetics properties useful in treating toothache	Apply sparingly to affected tooth as required by symptoms.	1		
2F1	2f1. Proprietary preparation of choice	as reqd	as reqd	as reqd		
6C2	6c2. Proprietary cold remedy	as reqd	as reqd	as reqd		



Additional Medicine Equipment List Bermuda - Cat A						
Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantitiy
1A	1a. Face masks disposable	As Directed	As Directed	6		
1B	1b. Plastic measuring jug 1/2 litre size	As Directed	As Directed	1		
1C	1c. Disposable paper towels	As Directed	As Directed	100 (1 Roll)		
1D	1d. Latex free sterile surgical disposable gloves (large)	As Directed	As Directed	5 Pairs		
1E	1e. Waterproof plastic sheeting, Size 1m x 2m	As Directed	As Directed	2		
1F	1f. Lotion bowl	As Directed	As Directed	1		
1G	1g. Kidney dish	As Directed	As Directed	1		
1H	1h. Safety pins	As Directed	As Directed	6		
1I	1i. Magnifying Glass with handle	As Directed	As Directed	1		
1J	1j. Nail brush	As Directed	As Directed	1		
1K	1k. Stretcher Equipment	As Directed	As Directed	#		
1L	1l. Body bag - Large Size	As Directed	As Directed	1		
1M	1m. Microscope slides in individual transit containers	As Directed	As Directed	#		
1N	1n. Dental Kit	As Directed	As Directed	1 Pack		
1O	1o. Scissors Stainless steel or disposable	As Directed	As Directed	#		
1P	1p. Triangular bandages about 90cm x 127cm	As Directed	As Directed	#		
1Q	1q. Sterile paraffin gauze dressings	As Directed	As Directed	#		
1R	1r. Plastic burn bags	As Directed	As Directed	#		
1S	1s. Kit for protection against blood transmitted diseases	As Directed	As Directed	#		