



Categories of ships		
A	B	C

Remain On Board	Required Qty
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## FIFTH SCHEDULE

(Rules 97, 98, 99, 100, 101 and 103)

Part I - Medicines

### 1. CARDIOVASCULAR

(a) Cardio-circulatory analeptics – Sympathomimetics

Adrenalin, lin 1000. 0,5 ml or less
(b) Anti-angina preparations
Dinitrate of isosorbide 20mg tablets (Cedocard retard)
Nifedipine 30 mg tablets (Adalat)

10	5	5
60	60	60
50	50	-


(c) Diuretics

Frusemide 40 mg tablets (Lasix)
Frusemide 20 mg ampoule (Lasix)

50	12	-
10	5	-


(d) Anti-haemorrhagics including uterotonics if there are women on board

ergometrine drops 0,25 mg/ml (Methergine)
ergometrine ampoule 0,2 mg/ml (Methergine)
(e) Anti-hypertensive
propranolol 40 mg tablets (Inderal)

20	10	-
10	5	1
50	-	-


### 2. GASTRO-INTESTINAL SYSTEM

(a) Medicines for gastric and duodenal disorders

Histamine H<sub>2</sub> receptor anti-ulcer antagonists

cimetidine 200 mg tablets (Tagamet)
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100	50	-
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- Anti-acid mucous dressings

hydroxide of magnesium 400 mg tablets (maalox plus)
Suspension of hydroxide of magnesium 400 mg/5 ml, 350 ml (Maalox TC)

200	40	-
2	-	-


(b) Anti-emetics

Metoclopramide 2ml ampoule (Maxolon)
Domperidone 30 mg supp. (Motilium)

12	6	3
12	6	-


(c) Lubricant laxatives

Glycerol supp. BP.
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1	-	-
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preparation sachet (glucose 20 g, sodium chloride 3,5 g, sodium bicarbonate 2,5 g, potassium chloride 1,5 g)
Loperamide 2 mg capsule (Imodium)

30	-	-
120	40	20


(e) Intestinal antiseptics

Active Charcoal 50 g granules or powder (Charcodote)
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1	1	-
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(f) Haemorrhoid preparations

Cinchocaine and Prednisolone supp. (Sheriproct) and ointment (Scheriproct)
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60	24	-
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### 3. ANALGESICS AND ANTI-SPASMODICS

(a) Analgesics, anti-pyretics and anti-inflammatory preparations

Acetylsalicylic acid 300 mg tablets (Aspirin)
paracetamol 500 mg tablets

200	120	40
200	120	-


(b) Powerful analgesics



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30	30	-
40	20	-
10	5	-

Remain On Board	Required Qty

Indomethacine 50 mg capsules (Indocid)
Ergotamine tartrate, tablets (Cafergot)
Morphine sulphate 10 mg/ml ampoule

(c) Spasmolytics

Hyoscine butylbrosnide 20 mg/ml (Buscopen) ampoule
Hyoscine butylbromide 10 mg tablets (Buscopen)

12	6	-
50	20	-


#### 4. NERVOUS SYSTEM

(a) Anxiolytics

diazepam 5 mg tablets (Valium)
diazepam 10 mg ampoule (Valium)

50	25	-
6	6	-


(b) Neuroleptics

Haloperidol 5 mg ampoule (Haldol)
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10	5	-
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(c) Seasickness remedies

Cinnarazine 15 mg tablets (Stugeron)
Domperidone maleate 10 mg (Motilium)

48	24	12
48	24	12


(d) Anti-epileptics

Phenobarbital 60 mg tablets
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100	-	-
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#### 5. ANTI-ALLERGICS AND ANTI-ANAPHYLACTICS

(a) H1 Anti-histaminics

Chlorphenamine maleate 4 mg tablets (Piriton)
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60	20	-
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(b) Injectable Glucocorticoids

Methylprednisolone 40 mg ampoules (Solo-Medrone)
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6	3	-
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#### 6. RESPIRATORY SYSTEM

(a) Bronchospasm preparations

Salbutamol inhaler (Ventolin) 200 doses
Salbutamol 0,5 mg ampoule (Ventolin)
Theophylline 200 mg tablets (Theo-dur)

2	1	-
3	-	-
30	-	-


(b) Anti-tussives

Codeine linctus. 15mg/5ml 100ml
Pholcodine linctus 10mg/5ml 100 ml

10	-	-
5	3	-


(c) Medicines used for colds and sinusitis

Pseudoephedrine hydrochloride tablets 60mg (Sudafed)
Ephedrine nasal drops, 0.5%, 10ml

30	15	-
30	15	-


#### 7. ANTI-INFECTION

(a) Antibiotics (at least two families)

Amoxicillin 500 mg capsules (Amoxil)
Amoxicillin 1g ampoule
Erythromycin 500 mg tablets (Erythrocin)
Doxycycline 100 mg capsules (Vibramycin)
Penicillin G 1.2 G (Crystapen)

64	32	-
15	9	-
64	32	-
50	-	-
15	-	-


(b) Anti-bacterial Sulphamide



Categories of ships		
A	B	C
100	50	-
100	50	-

Remain On Board	Required Qty

Trimethoprim 50mg (Trimopan)
Co-trimoxazole 480mg tablets (Septrin)

(c) Urinary antiseptics

Co-trimoxazole 480mg tablets (Septrin)
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(d) Anti-parasitics

Mebendazole 100 mg tablets (Vermox)
Chloroquine 200 mg capsules (Nivaquine)
proguanil 100 mg tablets (Paludrine)
Quinine 300 mg tablets
Mefloquine 250 mg tablets (Lariam)
Pyrimethamine + Sulfadoxine tablets (Fansidar)
Metronidazole 400 mg tablets (Flagyl)

(e) Intestinal anti-infectives

Ciprofloxacin tablets 250mg (Ciproxin)
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(f) Anti-tetanus vaccines and immunoglobulins

Adsorbed Tetanus Vaccine, 0.5amp.
Anti-tetanus immunoglobulin injection

100	50	-
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12	6	-
1000	300	60
3250	1000	250
100	60	-
12	12	-
12	12	-
40	20	-

56	16	-
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5	3	-
3	1	-

## 8. COMPOUNDS PROMOTING REHYDRATION,

### CALORIC INTAKE AND PLASMA EXPANSION

Sodium chloride 1 g tablets
Sodium chloride 9 g water perfusion
Plasma substitute solution

500	-	-
4	2	-
2	1	-

## 9. MEDICINES FOR EXTERNAL USE

(a) Skin medicines

- antiseptic solutions

Cetrimide 15% solution
Chlorhexidine 2.5%, 500ml (Hibisol)
Hydrogen peroxide 3% 100 ml solution
70% methylated spirit 200 ml solution

- antibiotic ointments

Chlortetracycline chlorhydrate 30G oint. (Aureomycin)
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- anti-inflammatory and analgesic ointments

Benzyle nicotinate 10 mg
Capsicum oleoresin 10 mg
Ethylene glycol salicylate 10 mg
Eucalyptol 10 mg
Camphor 10 mg
Pine oil 8,5 mg
Turpentine oil 31 mg/g
Sloan balsam 35g
Fluocinolone 0,025%
Neomycin 0.5% 30G cream. (Synalar-N)

- anti-mycotic skin creams

4	2	2
5	2	2
1	-	-
5	1	-

4	2	-
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2	1	-
2	1	-
2	1	-
2	1	-
2	1	-
2	1	-
2	1	-
2	1	-
2	1	-
6	3	-
6	3	-



Categories of ships		
A	B	C
2	2	-

Remain On Board	Required Qty

miconazole 2% 30 g cream (Daktarin)

- Burn preparations

sulphadiazine silver 1% 500 g cream (Flammazine)

Acrylic copolymer 3,1 % 28 X 15 cm bandage (Op-Site)

(b) Eye medicines

- antibiotic drops

Borated water 100 g collyrium

- antibiotic and anti-inflammatory drops

Oxytetracycline 5 mg 3,5 g eye ointment (Terramycin)

Dexamethasone 0.1%, drops/oint. (Sofradex)

Chloramphenicol 0.5%, drops (Chloromycetin)

- anaesthetic drops

Oxybuprocaine 0.4%, drops (Minims Benoxinate)

- hypotonic myotic drops

pilocarpine 2% 10 ml drops

(c) ear medicines

- antibiotic solutions

Bacitracin 2500 U.I

Neomycin sulphate (NeoCortef)

- anaesthetic and anti-inflammatory solutions

clioquinol 10 mg drops

flumetasone pivalate 0,2 mg/ml 7,5 ml (Locacortene-Vioforme)

(d) Medicines for oral and throat infections

- antibiotic or antiseptic mouthwashes

Chlorhexidine gluconate solution 0,2% 200 ml (Hibident)

(e) Local anaesthetics

- local anaesthetics using freezing

Ethyl chloride 50 ml solution

- Local anaesthetics given by subcutaneous injection

Lignocaine hydrochloride 1%, 20 ml vial

- Dental anaesthetic and antiseptic mixtures

Xylocaine hydrochloride 4,10 g

Benzyl alcohol 6,15 g

Creosote 28,65 g

Carbolic acid 20,50 g

Eugenol 42,70 g 100 ml solution (Pulperyl)

Xylocaine 2% 30g

1	1(50Gr)	-
4	2	1


1	1	-
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6	3	-
8	4	-
8	4	-


1	1	-
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2	2	-
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5	3	-
5	3	-


2	1	
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5	3	-
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2	1	-
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3	2	-
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1	-	-
1	-	-
1	-	-
1	-	-
1	-	-
2	1	1


## Part II - Medical Equipment

### 1. RESUSCITATION EQUIPMENT

- Manual resuscitation appliance

Hand held balloon for oxygen administration

- Appliance for the administration of oxygen with pressure-reducing valve such that ship's industrial oxygen can be used or oxygen container

1	1	-
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Categories of ships		
A	B	C
2	1	1
1	1	-
1	1	-
1	1	-
1	1	-
5	5	-
2700 L	1350 L	-

Remain On Board	Required Qty

Oxygen therapy kit containing: adjustable oxygen flask for a 90-minute treatment with a flow of 15L/min. per flask, with air pressure

Reduction valve

Flow regulator, 4Lmin. Minimum

Unbreakable humidifier connected to flasks

Set of fitting/wires

Disposable PVC adjustable mask

Air-pressurized oxygen flask

- Mechanical aspirator to clear upper respiratory passages

Mechanical pump to clear airways

- Cannula for mouth-to-mouth resuscitation

Guedel tube

Number 4

Number 3

Number 1

## 2. DRESSING AND SUTURING EQUIPMENT

Disposable suture stapler or suture kit with needles

Metal clasps

with sterile applicator

- Adhesive elastic bandage

Rubber bandage rolls

Velpeau bandage rolls

- Gauze strips

Bandage gauze rolls

- Tubular gauze for finger bandages

Tubular bandage gauze 5 m with applicator

- Sterile gauze compresses

- Cotton wool

Absorbent cotton 100 g

Skin strip rolls

- Sterile sheet for burns victims

- triangular sling

Triangular bandage

Safety pin/needle, inox

- disposable polyethylene gloves

100 pieces

Sterile surgical gloves, 12 pairs

- adhesive dressings

Skin strips

- Sterile compression bandages

- Adhesive sutures or zinc oxide bandages

Zinc oxide dipsticks

- Non absorbable sutures with needles

Sutures with needles, non-absorbable 3 X 40 mm

Catgut min. 75 cm w/semi-circular needle, 00, sterilized

1	1	-
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2	2	2
2	2	-
1	1	-


40	40	20
1	1	-


2	1	1
4	2	2


12	-	-
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2	-	-
100	50	25


3	1	-
5	3	2
6	2	-


4	3	-
12	12	12


1	1	-
1	1	-


5	3	1
20	10	3


30	20	10
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10	5	-
2	-	-






Categories of ships		
A	B	C
1	-	-
5	-	-
10	5	-
2	1	-

Remain On Board	Required Qty

- Bladder drainage instruments
- Rectal drip set
- Disposable filter infusor
- Urine drainage bag

- Disposable syringes and needles

2 ml
5 ml
Needles for intravenous treatment

- Catheter

Cuffed tube
Sterile lubricant 15 g
Rubberband with Velcro
Bed standard
Ophthalmic perfusion bottle

40	20	-
100	50	-
10	5	-


2	1	-
1	1	-
1	1	-
1	1	-
2	1	-


## 6. GENERAL MEDICAL EQUIPMENT

- Bedpan
Rubber draw sheets
Blankets or emergency bags
- Hot water bottle
- Urine bottle

- Ice bag

Ice bag
Kidney-shaped basin

1	-	-
1	-	-
6	3	1
2	1	-
1	1	-


2	1	-
2	1	-


## 7. IMMOBILIZATION AND SETTING EQUIPMENT

- Malleable finger splint

Aluminium splint (for fingers)
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- Malleable forearm and hand splint

Ordinary splint; clearance = 4
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- Inflatable splint

Inflatable splint; clearance = 4
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- Thigh splint

Wooden splint
- Collar for neck immobilization
- Thomas splint or dimple mattress

5	3	-
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1	1	-
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1	1	-
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1	1	-
1	1	-
1	1	-


## 8. DESINFECTATION, DISINSECTIZATION AND PROPHYLAXIS

- Water disinfection compound

Chloramine T350g, powder
- Liquid insecticide
- Powder insecticide, 110 g

1	1	-
1	-	-
1	1	-


### Part III – Antidotes

#### 1. Medicines



Categories of ships		
A	B	C

Remain On Board	Required Qty
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- General

plasma 1 L substitute solution, perfusion
Glucose 500 g powder
Ascorbic acid 1 g tablets
Ascorbic acid 500 mg ampoule 5 ml

2	1	1
1	1	1
200	200	100
20	10	5


- Cardio-vascular

Furosemide 40 mg tablets (Lasix)
Furosemide 20 mg ampoule (Lasix)
Phytomenadione 0.5ml ampoule (Konakion)

74	24	12
40	10	5
4	2	2


- Gastro-intestinal system

Aluminium hydroxide with magnesium hydroxide 600mg, tablets (Maalox)
Granular/powder activated carbon, 70g
Metoclopramide hydrochloride 10 mg, ampoules 2 ml(Maxolon)

80	40	40
1	1	1
60	30	12


- Nervous system

Diazepam 10 mg, ampoule (Valium)
Levomopromazine 25 mg ampoule (Nozinan)
Motphine 10 mg ampoule
Naloxon 0,4 mg ampoule (Narcan)
Atropine sulphate 600 micrograms 40 ampoules 1ml
Amyl Nitrite 0,17 mg, 0,2ml ampoules
Calcium gluconate 1 g, effervescent tablets (Calcium Sandoz Forte)
Dimercaprol 2ml ampoule (B.A.L.)
Methylene blue 1%, ampoules 10ml

60	30	12
80	30	10
30	15	5
30	10	10
40	20	10
100	20	10
30	15	5
160	50	20
40	20	10


- Respiratory system

Atrniphylline 350 mg suppositories
Salbutamol 0,1 mg, inhaler 200 doses (Ventolin)

60	24	12
4	2	1


- Anti-infective

Paracetamol 500 mg, tablets
Ampicillin 500 mg, capsules
Ampicillin 500 mg, ampoules (Penbritin)
Trimethoprim 80 mg/ sulphametoxazol 400 mg, tablets (Septrin)

120	40	20
96	32	16
96	18	12
50	20	20


- For external use

Tetracycline hydrochloride 1%, 5 g, ophthalmic ointment (Aureomycin)
Ethanol 10% 500 ml solution

10	5	2
4	2	1


2. Medical equipment

Necessary for the administration of oxygen (including maintenance requisites)

Oxygen therapy kit containing an adjustable oxygen tank for a 90 minute treatment at 15L/min. 1350 L per tank measured with air pressure
Reduction valve
Flow regulator with a minimum of 4 L/min.
Break proof humidifier connected to tank
Set of pipes
Disposable PVC adjustable mask

4	2	1
2	1	1
2	1	1
2	1	1
2	1	1
10	5	3
