



## Medicine List - Norway

Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
1A1	1A1. Adrenaline 1mg /ml Epinephrine	Only to be used after consulting a doctor restores heartbeat in case of cardiac arrest; raises blood pressure in case of anaphylactic shock; widens the airways in case of asthma attack. Following intramuscular injection: takes effect after 3-5 minutes; brief effectiveness.	0.2-1ml injected subcutaneous or intramuscular.	5 ampoules		
1A2	1A2. Digoxin 0.25mg/ml inj.2ml. lanoxin/ digitalis preparation.	Only to be used after consulting a doctor lowers the heart rate in case of irregular and rapid heartbeat (atrial fibrillation); increases the contractive strength of the myocardium. To be used in case of breathing difficulty dues to insufficient cardiac pump function	0.2-1ml injected subcutaneous or intramuscular	5 ampoules		
1A3	1A3. Digoxin 0.25mg tablet Lanoxin	Only to be used after consulting a doctor lowers the heart rate in case of irregular and rapid heartbeat (atrial fibrillation); increases the contractive strength of the myocardium. To be used in case of breathing difficulty dues to insufficient cardiac pump function	Build up dosage only in consultation with a doctor. Thereafter 0.125mg-0.25 mg per 24 hours.	20 tablets		
1B1	1B1. Nitrolingual spray 0.4mg/dosis 200 doses Nitroglycerine	Widens the coronary arteries. For providing rapid symptomatic relief of angina pectoris.	1 blow under the tongue takes effect immediately. Effect duration 10-30 minutes to be repeated as needed. Seek radio medical advice.	1		
1C1	1C1. Furosemide 40mg tablet Lasix	Only to be used after consulting a doctor. Diuretic. To be used in case of fluid retention (oedema) in legs or lungs as a result of cardiac insufficiency. Also used to treat hypertension. Fluid expulsion noticeable after 30-60 minutes.	Max. 4 tablets per day or every other day.	20 Tablets		
1D1	1D1. Cyklokapron 500mg tablet Tranexamic acid	Only to be used after consulting a doctor to be used in case of vaginal blood loss following confinement or miscarriage (initiated when heavy bleeding has started)	to be used by doctors orders only. 2-3 tablets 3-4 times daily if necessary.	50 tablets		
10	1E1. Propranolol 10mg tablet Inderal	Only to be used after consulting a doctor lowers hypertension	To be used on doctors orders only.	50 tablets		
100	1E2. Enalapril 10mg tablet Renitec	Only to be used after consulting a doctor Lower hypertension	to be used by doctors orders only	30 tablets		
1F1	1F1. Acetylsalicylic acid 80mg tablet Aspirin	Only to be used after consulting a doctor Inhibits blood coagulation, thus preventing the formation of blood clots. To be used to prevent and treat angina pectoris / chest pain, myocardial infraction, thrombosis, lung embolism TIA, cerebral infraction.	Start treatment at once when myocardial infraction is suspected. 160mg (=2 tablets) a day. The tablets should be swallowed whole.	30 tablets		
2A1	2A1. Ranitidine HCl. 300mg tablet Zantac	Inhibits the production of gastric acid. To be used in case of (incipient) gastric ulcer or ulcer of the small intestine, irritation of oesophagus by gastric acid.	1 tablet a day	30 tablets		
2A2	2A2. Magnesium Tricicate comp. tablet Algedrate	Neutralizes gastric acid. To be used in case of acid reflux, belching and sporadic stomach ache. Effect noticeable soon after taking.	1-2 tablets when necessary. the tablets should be chewed. if other medicines are also being used they should be taken 1 hour before the Algedrate.	100 tablets		
2A3	2A3. Algedrate + magnesium hydroxide suspension 300ml Antagel, Maalox, Regla-pH	Neutralizes gastric acid. To be used in case of acid reflux, belching and sporadic stomach ache. Effect noticeable soon after taking.	10ml when necessary if other medicines are also being used they should be taken 1 hour before the algedrate, Shake well before use.	1		



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2B1	2B1. Primperan 20mg suppository Metoclopramide	To be used in case of severe nausea and severe vomiting	1 suppository in the rectum 3 times a day.	10 tablets		
2B2	2B2. Metoclopramide 10 mg tablets Primperan	To be used in case of severe vomiting.	1-2 tablets up to 3 times a day	60 tablets		
2B3	2B3. Metoclopramide 10mg/2ml (IM injectable) Primperan	Only to be used after consulting a doctor. To be used in case of severe nausea and severe vomiting.	2ml injected intramuscular up to 3 times a day.	5 ampoules		
2C1	2C1. Sodium aurylsulfoacetate/ Sorbital/sodium citrate rectal dispenser 5ml/ enema 5ml Microlax	Softens the faeces. To be used in case or persistent constipation.	Administer via the anus to patient lying on his/her side: max 1 enema per 24 hours. effect after 5-15 minutes. Never use a laxative in case of sudden abdominal pain.	4 tablets		
2C2	2C2. Lactulose syrup 300ml Duphalac	Mild laxative. increases intestinal action and softens the faeces. To ne used in cases of constipation.	15-30ml.daily.It may take up to 2-4 days before effect is obtained Never use laxative in cases of sudden abdominal pain.	1		
2C3	2C3. Sennaglycoside 7.5mg tablet Senna	Laxative, increases intestinal action and softens the faeces. To be used in cases of Constipation.	2-4 tablets purgation occurs normally about 6-8 hours after administration	50 tablets		
2D1	2D1. Loperamide 2mg tablet Imodium, Diacure	Slows down intestinal action. To be used in case of diarrhoea	2 tablets initially followed by 1 tablet after each loose stool, max 8 tablets in 24 hours. To be used until the diarrhoea stops, but no longer than 3 days. not to used more then 8 days without consulting a doctor. ORS must be administered to prevent dehydration.	40 tablets		
2D2	2D2. Activated charcoal, powder 50g Norit carbomix	Adsorption of harmful substances in the gastrointestinal tract. To be used as an aid to treat various types of poisoning.	Diarrhoea/ Food poisoning. 15-45ml to be taken one or more times daily.	1		
2F1	2F1. Proctosedyl ointment	used in cases of haemorrhoids. ointment is used to relieve pain and itching. effect is noticeable soon after application.	Apply 2-4 times daily in or around the anal opening and after a bowel movement. Do not use longer than 7 days	30 grams		
3A1	3A1. Paracetamol 500mg tablet. Hedex, Momentum, Panadol	Analgesic and antipyretic. To be use in cases of slight to moderate pain or to reduce fever. Effect noticeable after 30-40 minutes.	1-2 tablets 1-3 times daily. Max. 8 tablets per 24 hours	100 tablets		
3A2	3A2. Naproxen 250mg tablet Naprosyn	Analgesic and used in muscle injuries with swelling - torn or inflamed tendons and ligaments.. T o be used in cases of moderate pain. Gastro-intestinal discomfort, nausea, diarrhoea.	First dose 2 tablets, subsequently 1 tablet 3 times daily for 3-10 days. not to be used by patients suffering from stomach pain, gastric ulcers or asthma.	50 tablets		
3A3	3A3. Codeine / Paracetamol 10/500mg tablet	Analgesic. To be use in cases of moderate to strong pain.	1-2 tablets 1-3 times daily this drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, Soporifics and sedatives.	tablet 500/10		
3A4	3A4. Diclofenac 25mg/ml amp.3ml Voltaren	Only to be used after consulting a doctor.	Renal colic and gallstone. To be used by doctors orders only.	5x3ml ampoule		



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3B1	3B1. Morphine HCL 10mg /ml amp. (IM and SC injectable)	Only to be used after consulting a doctor. Powerful analgesic. To be used in case of severe pain. Effect noticeable after 15-30 minutes; effective for approx. 4 hours Drowsiness, dizziness, nausea / vomiting, depressed respiration.	10mg intramuscularly or subcutaneous, repeat after 4 hours if necessary. Caution when using foreign preparations: 10 mg morphine hydrochloride = 20mg morphine sulphate. Not to be used in case of respiratory depression the effect of morphine can be halted using naloxone. This drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives.	10 ampoules		
3B2	3B2. Buprenofin 0.2mg Resoriblett tablet Temgesic	Only to be used after consulting a doctor. Effectiveness analgesics for 6 to 8 hours. Nausea / vomiting, respiratory depression, constipation, drowsiness.	Moderate severe pain, initially 1-2 tablets every 8 hours. The tablet should be dissolved under the tongue. This drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives.	10 tablets		
3B3	3B3. Pentazocine 50mg Suppository Fortral	Only to be used after consulting a doctor Powerful analgesic.	To be used by doctors order only. The suppository should be placed in the rectum. Care must be taken when more than one dose is given, may cause an overdose. This drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives	10 tablets		
3C1	3C1. Diazepam rectal dispenser 10mg/2.5ml Stesolid, Valium	Only to be used after consulting a doctor. Sedative, anticonvulsive and muscle-relaxant. To be used to treat an epileptic attack or before manipulating a dislocation. Effect noticeable after 5-10 minutes.	The contents of 1-2 rectal tubes are to be emptied into the rectum while patient is lying on his side. The does may be repeated if necessary. Under difficult conditions the dose may be given orally together with a liquid. Used by doctors order only. The drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives.	5 tablets		
4A1	4A1. Diazepam 5 mg tablet Stesolid, Valium	Only to be used after consulting a doctor. Sedative	Nervous tension. To be used by doctors orders only 1/2-1 tablet up to 3 times a day. Insomnia: 1 tablet at bedtime. Should only be used for short periods. This drug can affect reaction speed and concentration. Not to be used in conjunction with with alcohol, soporifics and sedatives	20 tablets		
4B1	4B1. Chlorpromazine HCL 25mg tablet Largactil	Only to be used after consulting a doctor. Inhibits the action of the central nervous system to be used in case of (danger of) psychosis, agitation and anxiety.	1-2 tablets 3 times a day. This drug can affect reaction speed and concentration. Not to be used in conjunction with Alcohol, soporifics and sedatives.	20 tablets		



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4B2	4B2. Chlorpromazine hydrochloride HCL 25mg/ml amp. Laragctil	Only to be used after consulting a doctor. Inhibits the action of the central nervous system to be used in case of (danger of) psychosis, agitation and anxiety.	Doses are individual This drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives.	5 ampoules		
4C1	4C1. Meclozine 25mg tablet Postafen	Reduces certain types of dizziness and remedies malfunctions of the organ of balance. To be used to prevent sea-sickness.	Use prophylactically (to prevent) for sea-sickness. Dose: 1 Tablet 1-2 times daily. This drug can effect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives.	100 tablets		
5A1	5A1. Loratidine 10mg tablet Clarityn, Allerfree	Symptomatic relief of allergy conditions as hayfever, rash.	1 tablet daily	30 tablets		
5B1	5B1. Hydrocortisone 100mg amp.+ solvens Solu-Cortef, Efcortisol	Only to be used after consulting a doctor To be used to treat acute allergic conditions.	Used when adrenaline 1mg/ml inj. does not give adequate effect. Dose: individual infected intramuscularly or intravenously.	1 ampoule + solv		
6A1	6A1. Salbutamol 0.1mg/dose inhaler 200 doses Ventolin	Only to be used after consulting a doctor . Widens the airways to be used in case of breathing difficulty with wheezing and asthma attacks. Effect noticeable rapidly; effective for 3-4 hours	in case of asthma attacks: 1-2 doses inhaled every 4 hours if required Shake well before use.	1		
6A2	6A2. Prednisolone 5 mg tablets	Only to be used after consulting a doctor Anti-allergy steroid also essential treatment of acute asthma	from bronchial asthma: 5-20mg once daily, more in severe asthma.	30 tablets		
6B1	6B1. Dexamethorphan 30mg capsule Darolan	Reduces coughs, only for dry coughs.	1 Capsule, max 3 times daily. Not to be used by pregnant women. Should be used only for dry coughs. This drug can effect reaction speed and concentration Not to be used with alcohol, soporifics and sedatives.	10 tablets		
6B2	6B2. Codeine phosphate 30mg tablet	Only to be used after consulting a doctor Analgesic to be used in case of sticky cough.	Pain: 1-2 tablets together with 1-2 tablets paracetamol or acetylsalicylic acid 1-3 times daily. Dry cough: 1-2 tablets up to 3 times a day. Causes drowsiness : avoid dangerous machinery. Not to be used in conjunction with alcohol, soporifics and sedatives.	20 capsules		
6C1	6C1. Pseudoephedrine 120mg capsule Contac	To be used in case of colds, flu and allergy symptoms.	Adult 1 capsule in the morning and evening.	#		
6C2	6C2. Xylometazolin 0.1% nose drops 10ml Otrivin	Reduces swelling of the mucosa in the nasopharynx. To be used in case of colds, inflammation of the paranasal sinuses and middle ear.	2-3 drops into each nostril 2-3 times daily do not use for more than one week at a stretch	1		
7A1	7A1. Phenoxymethylpenicillin (as potassium salt) 500mg tablet Penicillin V, Acipen V	Only to be used after consulting a doctor. Antibiotic, to be used in case of infections caused by organisms sensitive to Phenoxymthlypenicillin.	1 tablet 2 times daily (morning and evening) Do not use if patient is allergic to penicillin. Complete the course of treatment.	20 tablets		
7A2	7A2. Erythromycin 250mg tablet	Only to be used after consulting a doctor. Antibiotic to be used in case of infections by organisms sensitive to erythromycin (also legionella). Also an alternative in case of hypersensitivity to penicillin	1 tablet 4 times daily taken with meals. Not to be used in case of hypersensitivity to erythromycin or other macrolides complete the course of treatment	50 tablets		



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7A3	7A3. Amoxicillin 250mg capsule Clamoxyl, Flemoxin	Only to be used after consulting a doctor Broad-spectrum antibiotic, to be used in case of infection caused by organisms sensitive to Amoxycillin.	Not to be used in case of hypersensitivity to penicillins or cephalosporines, some bacteria are resistant to amoxicillin, rendering the drug ineffective. complete the course of treatment	100 capsules		
7A4	7A4. Doxycycline 100mg tablet Neo-dagracycline, Unidox, Vibra-S	Only to be used after consulting a doctor. Broad-spectrum antibiotic, to be used in case of infections caused by organisms sensitive to doxycycline. Also supplementary therapy in the treatment of malaria.	2 tablets at once, subsequently 1 tablet daily for at least 5 days, or up to 1-2 days after the fever has subsided. Take sitting or standing with a large quantity of water. Not to be used in case of hypersensitivity to tetracyclines. complete the course of treatment.	50 tablets		
7A5	7A5. Benzylpenicillin sodium 600mg vial. Crystapen	Only to be used after consulting a doctor Antibiotic to be used in case of infection by organisms sensitive to benzylpenicillin.	To be used on doctors orders only. not to be used in case of hypersensitivity to penicillins	10 ampoules		
7A6	7A6. Ciprofloxacin 250mg tablets Ciproxin	Only to be used after consulting a doctor. Broad-spectrum bactericide, to be used in case of infections by organisms sensitive to Ciprofloxacin.	Twice a day 250-500mg, depending on the severity and location of the infection. Not to be used in case of hypersensitivity to ciproflocacine or other quinolones. Complete the course of treatment.	20 Tablets		
7B1	7B1. Trimethoprim - sulfametoxazol 400+80 mg tablet Bactrimel, Sulfotrim, Trimoxazol.	Only to be used after consulting a doctor. Broad-Spectrum antimicrobic, to be used in case of infection of the airways, urinary tract, genitalia and gastrointestinal tract caused by organisms sensitive to co-trimazole.	Drink plenty of fluids to prevent crystals forming in the urine. Not to be used in case of hypersensitivity to sulphonamides or trimethoprim. If a rash appears, administration should be halted. Complete the course of treatment.	50 tablets		
7C1	7C1. Trimethoprim 100mg tablet Monotrim	Only to be used after consulting a doctor Antimicrobiotic, to be used in case of infections of the urinary tract.	Urinary tract infection. To be used by doctors orders only. 1 tablet twice daily. not to be used in case of hypersensitivity to sulphonamides or trimethoprim. If a rash appears, administration should be halted. Complete the course of treatment.	30 tablets		
7D1	7D1. Chloroquine phosphate 250mg tablet, contains 200mg base. Nivaquine	When treating malaria only to be used after consulting a doctor. To be used in malaria prophylaxis and for the treatment of an uncomplicated malaria attack.	Prophylaxis: 2 tablets once a week on the same weekday, during/just after a meal. Has to be taken 1 week before arrival in malaria infected area, during the whole stay and for 4 weeks after departure from malarial area. Obtain the latest information on areas of resistance.	100 tablets		



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Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
7D2	7D2. Proguanil 100 mg tablet Paludrine	To be used for malaria prophylaxis	Malaria prophylaxis 2 tablets daily. To be taken after meal, each day at the same time. Has to be taken 1 week before arrival in malarial area. during the whole stay and for 4 weeks after departure from the malarial area. Always combine with chloroquine.	250 tablets		
7D3	7D3. Meflokin 250mg tablet Lariam, Mefloquine	To be used for malaria prophylaxis.	Malaria prophylaxis: 1 tablet once a week on the same weekday, during or after a meal. has to be taken 1 week before arrival in malarial area during the whole stay and for 4 weeks after departure from malarial area.	8 tablets		
7D4	7D4. Permethrin lotion 10mg/ml 59ml Loxazol	To be used un case of head lice and scabies. Kills both mites and the nits	Wash the hair with normal shampoo, rinse and dry with a towel. apply the lotion over the hair and the complete scalp. 1 bottle is enough for 1 person. the lotion should be left on for 10 minutes, wash the hair with water and dry it with a towel. if necessary the treatment can be repeated after 7-14 days. shake the bottle before use. Avoid contact with eyes and mucous membranes. do not use on broken or secondarily infected skin.	1 bottle		
7D5	7D5. Permethrin 5% cream Loxazol, Nix.	To be used in case of Scabies.	See enclosed instructions. for external use only. Avoid getting the cream in your eyes if you do rinse your eyes well with water or saline solution.	1 tube		
70	7E1. Metronidazol 500mg tablet. Flagyl	Only to be used after consulting a doctor. anti-microbe, to be used in case of infections by protozoa (including amoebae) and bacteria that live in the gut.	Dose 3-4 times a day 500mg for 5-10days. complete the course of treatment! not to be used in case of hypersensitivity to metronidazole or other imidazole compounds. not to be used in conjunction with alcohol.	50 tablets		
700	7E2. Mebendazole 100mg tablet Vermox	Anti-parasite, to be used in case of infections by worms	Intestinal worm infection. dose 1 tablet twice daily for 3 days to be repeated after 1-2 weeks.	6 tablets		
7F1	7F1. Tetanus vaccine ampoule 0.5ml (IM injection)	Only to be used after consulting a doctor Tetanus prophylaxis in case of wounds Administering the vaccine stimulates the production of antibodies (active immunization).	In case of wounds: last vaccination 5-10 years ago then 1 dose of vaccine. Last vaccination more than 10 years ago: full vaccination course ( 3 doses) See also 7F2.	1 ampoule		



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Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
7F2	7F2. Tetanus immunoglobulin ampoule 250E/2ml (IM injection)	Only to be used after consulting a doctor. Immediate protection from administering antibodies to tetanus (passive immunization) in case of "dirty" wounds. to be used if last vaccination was more than 10 years ago	To be used on doctors orders only . Once only 1 ampoule intramuscularly. at the same time first dose of 7F1 at different injection site. Administration more than three days after wounds occurred is not worthwhile. See also 7F1.	125IE/ml ampoule		
8,1	8.1. Glucose 50mg/ml infusion 1000ml Dextrose	Use as intravenous drip only after consulting a doctor. Used as intravenous drip-enema to treat dehydration	Promote rehydration and caloric intake. to be used on doctors orders only.	1		
8,2	8.2. NaCL 0.9 infusion 1000ml	Use as intravenous drip only after consulting a doctor Used as a drip-enema to treat dehydration. Also as an eye bath to treat chemicals in the eye (MFAG): table 7.	Promote rehydration and electrolyte intake. Max. 500ml per hour, higher rate in emergencies. As a rule 1500-3000ml per 24 hours.	1		
8,3	8.3 Polygeline infusion, bottle 500ml Haemacel	Only to be used after consulting a doctor. to be used as a plasma substitute in case of shock due to blood or plasma loss.	To expand plasma volume. Max. 500ml per hour, higher rate in emergencies.	1		
8,4	8.4 Oral Rehydration salts. ORS	Corrects fluid and salt balance, e.g. in case of diarrhoea. to be used to prevent or treat dehydration.	Dissolve the sachet in 1000ml clean drinking water. take 1-2 litres a day + 1 glass after each bowel movement. Excessive concentrations are harmful. solution keeps for 24 hours.	1 box		
8,5	8.5 NaCL tablet 400mg + coating glucose 100mg tablet. Sodium chloride tablets, salt tablets.	To be used to prevent salt deficiency in case of severe perspiration when working in tropical heat and to treat "stoker's cramp" (heat cramp)	1 tablet to each 1/2 litre of water. Max 6-8 tablets a day with 4-6 litres of water.	250 tablets		
9A1	9A1. Chlorhexadine 1mg/ml 100ml	Antiseptic to be used to disinfect skin and wounds.	Externally for cleaning of surface sores and burns. Do not use in or around the ears. avoid contact with eyes and mucous membranes.	1		
9A2	9A2. Bacitracin Chlorhexidine ointment 5G	Anti-infection ointment	Use externally once or twice daily for skin infections. do not use in or around the ears. avoid contact with eyes and mucous membranes	1		
9A3.	9A3. Fucidic acid 2% ointment 15G Fucidin.	Anti-infection ointment	Highly infected sores. Apply twice daily on highly infected sores. Avoid contact with eyes and mucous membranes.	1		
9A4.	9A4. Fucidic acid 2% gauze 10x10cm Fucidin interulle	Anti-infection gauze.	Use with highly infected sores, abscesses and small burns. place the ointment pad on the sore. Cover with a sterile compress and fasten with plaster, gauze or net bandage. Avoid contact with eyes and mucous membranes.	10 tablets		
9A5	9A5. Lidocaine ointment 5% 30g Xylocaine	Local anaesthetic ointment	External use only use only . acts as an anaesthetic. Use for sun and jelly fish burns, first degree burns, insect bites or similar. Not to be used on open sores or broken skin.	1		



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9A6	9A6. Ibuprofen gel 5% 50g Advil fast free.	Gel for muscle pain. to be used as an aid to treat muscle pain.	External use only: rub on to the painful area 2-3 times daily for up to 7 days. Avoid contact with eyes and mucous membranes and inflamed or broken skin. hands should be washed immediately after use.	1		
9A7	9A7. Hydrocortisone acetate 1% ointment 30g	Only to be used after consulting a doctor. Anti-inflammatory and anti allergic effect. To be used in case of itching and irritation, e.g. due to dry eczema.	For external use. Apply a few days reduce to once a day. Not to be used if the eczema is infected, tetracycline 1% eye ointment may be used. do not use on open wounds or inflamed skin.	1		
9A8	9A8. Triamcinolon 0.1% cream 15g	Only to be used after consulting a doctor. Adrenocorticotrophic hormone with anti-inflammatory and anti allergic effects. to be used in case of itching and irritation, e.g due to dry eczema.	For external use only to be used by doctors orders only. apply sparingly twice a day not to be used if eczema is infected. Do not use on open wounds or inflamed skin.	1		
9A9	9A9. Clotrimazol 1% cream 20g Canesten	To be used for fungal skin infections.	Apply thinly 2-3 times daily. rub in well on effected areas. treatment normally lasts 3-4 weeks after symptoms have disappeared. Avoid contact with eyes and mucous membranes see also 9A10.	1		
9A10	9A1(0). Clotrimazol 1% powder 20g Canesten	To be used for fungal skin infections	Skin fungus to be used together with cream 9A9 Powder into shoes and stockings Avoid contact with eyes and mucous membranes.	1		
9A11	9A1(1). Silver Sulphadiazine cream 1% 50g Flammazine	Only to be used after consulting a doctor Disinfectant, To be used to prevent and treat infections in second and third-degree burns. Also analgesic due to cooling effect.	Apply in a 3mm think layer. Remove daily by washing with sterile water before re application After cream has been applied the appearance of the wound changes, making it difficult to assess the severity	1		
9B1	9B1. Chloramphenicol 0.5% eye drops (single use)	Anti microbe eye drops to be used in case of eye infections	1-2 Drops in each eye 4-6 times daily for one week. each single dose pack to be used once daily.	20 pieces		
9B2	9B2. Tetracycline 1% eye ointment 5g	Anti microbe eye ointment. T o be used in case of eye infections.	Ointment should be applied 2-3 times daily to inner side of lower eyelid. To be used by doctors orders only. Each patient should have his/her individual tube discard the tube month after opening.	1		
9B3	9B3. Dexamethasone/ framycetine/gramicidine eyedrops 8ml Sofradex	Anti microbe eye drops anti-inflammatory and anti-allergic effect.	To be used by doctors orders only 1 drop in the eye 3-4 times daily. Each patient should have his/her individual container . Limited shelf life once opened, discard after one month.	1		



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9B4	9B4. Oxybuprocaine HCL 0.4% Eye drops (single use)	only to be used after consulting a doctor Anaesthetic eye drops. to be used when removing dirt from the eye. Effect noticeable after a few minutes; effective for 30 minutes.	1-2 Drops in the eye as local anaesthetic the eye must be covered as long as the anaesthetic effect lasts. to be used only when removing foreign object from the eye. use once and discard store between 8-15 C. Administer at room temperature. Caution as it renders the eye insensitive rubbing the eye to hard can cause damage without realizing this!	20 Pods		
9B5	9B5. Pilocarpine 2% eyedrops 10ml Isotocarpine	Only to be used after consulting a doctor reduces pressure of the eye to be used to treat glaucoma (abnormally high pressure in the eye)	1 drop inside the lower eyelid 2-3times a day discontinue wearing of contact lenses discard bottle one month after opening.	10ml		
9B6	9B6. Sodium chloride 0.9% eyewash 30ml	used as an eye bath to treat chemicals and the eye	For bathing and rinsing of eyes	4 pieces		
9B7	9B7. Fluoresceine paperstrips 1% (single use)	To be used when examining the eye to detects damage to the cornea and foreign bodies. Damage shows up as yellow / green ring around dirt and splinters.	Hold the strip in purified water and drip 1-2 drops from the strip inside the lower eyelid. use once and discard. the fluorescent effect is easier to see if illuminated by a penlight with a blue cap.	20 Strips		
9C1	9C1. Oxytetracycline / hydrocortisonacetaat polymyxine B Terracortil	Only to be used after consulting a doctor anti microbe ear drops anti-inflammatory and anti-allergic effect. to be used in case of itchy or painful inflammation of the external auditory canal.	2-4 drops in the ear 3 times daily. Warm the eardrops to body temperature before use. Not to be used in case of (possibility of) perforated eardrum. Limited shelf life once opened, discard after one month.	1		
9C2	9C2. Lidocain eardrops 0.5% 10ml Otalgan	Analgesic for acute inflammation of the middle ear.	Warm the eardrops to body temperature before use, 2-4 drops in the ear daily. plug the ear with cotton wool. Not to be used in case of (possibility of) perforated eardrum. only alleviates the symptoms, does not treat the inflammation. discard open bottles after one month.	1		
9D1	9D1. Chlorhexidine mouthwash 2% Corsodyl	For disinfecting the mouth cavity, to be used in case of infections of throat and gums.	Dose first brush the teeth rinse the mouth with 10ml of the solution for one minute twice daily. spit out , Do NOT swallow	1		
900	9E2. Lignocaine 2% (SC and IM injectable) Xylocaine	Only to be used after consulting a doctor. To be used as a local anaesthetic when stitching wounds or performing minor surgery. Effect noticeable after 5 minutes effectiveness for 30-60 minutes.	Dose 1-5ml injected into outermost layer of skin prior to short, painful minor operations. l Max. 200mg (=10ml)	1		



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1A1	1A1. Adrenaline 1mg /ml Epinephrine	Only to be used after consulting a doctor restores heartbeat in case of cardiac arrest; raises blood pressure in case of anaphylactic shock; widens the airways in case of asthma attack. Following intramuscular injection: takes effect after 3-5 minutes; brief effectiveness.	0.2-1ml injected subcutaneous or intramuscular.	5 ampoules		
1A2	1A2. Digoxin 0.25mg/ml inj.2ml. lanoxin/ digitalis preparation.	Only to be used after consulting a doctor lowers the heart rate in case of irregular and rapid heartbeat (atrial fibrillation); increases the contractive strength of the myocardium. To be used in case of breathing difficulty dues to insufficient cardiac pump function	0.2-1ml injected subcutaneous or intramuscular	5 ampoules		
1A3	1A3. Digoxin 0.25mg tablet Lanoxin	Only to be used after consulting a doctor lowers the heart rate in case of irregular and rapid heartbeat (atrial fibrillation); increases the contractive strength of the myocardium. To be used in case of breathing difficulty dues to insufficient cardiac pump function	Build up dosage only in consultation with a doctor. Thereafter 0.125mg-0.25 mg per 24 hours.	20 tablets		
1B1	1B1. Nitrolingual spray 0.4mg/dosis 200 doses Nitroglycerine	Widens the coronary arteries. For providing rapid symptomatic relief of angina pectoris.	1 blow under the tongue takes effect immediately. Effect duration 10-30 minutes to be repeated as needed. Seek radio medical advice.	1		
1C1	1C1. Furosemide 40mg tablet Lasix	Only to be used after consulting a doctor. Diuretic. To be used in case of fluid retention (oedema) in legs or lungs as a result of cardiac insufficiency. Also used to treat hypertension. Fluid expulsion noticeable after 30-60 minutes.	Max. 4 tablets per day or every other day.	20 Tablets		
1D1	1D1. Cyklokapron 500mg tablet Tranexamic acid	Only to be used after consulting a doctor to be used in case of vaginal blood loss following confinement or miscarriage (initiated when heavy bleeding has started)	to be used by doctors orders only. 2-3 tablets 3-4 times daily if necessary.	50 tablets		
10	1E1. Propranolol 10mg tablet Inderal	Only to be used after consulting a doctor lowers hypertension	To be used on doctors orders only.	50 tablets		
100	1E2. Enalapril 10mg tablet Renitec	Only to be used after consulting a doctor Lower hypertension	to be used by doctors orders only	30 tablets		
1F1	1F1. Acetylsalicylic acid 80mg tablet Aspirin	Only to be used after consulting a doctor Inhibits blood coagulation, thus preventing the formation of blood clots. To be used to prevent and treat angina pectoris / chest pain, myocardial infraction, thrombosis, lung embolism TIA, cerebral infraction.	Start treatment at once when myocardial infraction is suspected. 160mg (=2 tablets) a day. The tablets should be swallowed whole.	30 tablets		
2A1	2A1. Ranitidine HCl. 300mg tablet Zantac	Inhibits the production of gastric acid. To be used in case of (incipient) gastric ulcer or ulcer of the small intestine, irritation of oesophagus by gastric acid.	1 tablet a day	30 tablets		
2A2	2A2. Magnesium Tricicate comp. tablet Algedrate	Neutralizes gastric acid. To be used in case of acid reflux, belching and sporadic stomach ache. Effect noticeable soon after taking.	1-2 tablets when necessary. the tablets should be chewed. if other medicines are also being used they should be taken 1 hour before the Algedrate.	100 tablets		
2A3	2A3. Algedrate + magnesium hydroxide suspension 300ml Antagel, Maalox, Regla-pH	Neutralizes gastric acid. To be used in case of acid reflux, belching and sporadic stomach ache. Effect noticeable soon after taking.	10ml when necessary if other medicines are also being used they should be taken 1 hour before the algedrate, Shake well before use.	1		



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Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
2B1	2B1. Primperan 20mg suppository Metoclopramide	To be used in case of severe nausea and severe vomiting	1 suppository in the rectum 3 times a day.	10 tablets		
2B2	2B2. Metoclopramide 10 mg tablets Primperan	To be used in case of severe vomiting.	1-2 tablets up to 3 times a day	60 tablets		
2B3	2B3. Metoclopramide 10mg/2ml (IM injectable) Primperan	Only to be used after consulting a doctor. To be used in case of severe nausea and severe vomiting.	2ml injected intramuscular up to 3 times a day.	5 ampoules		
2C1	2C1. Sodium aurylsulfoacetate/ Sorbital/sodium citrate rectal dispenser 5ml/ enema 5ml Microlax	Softens the faeces. To be used in case or persistent constipation.	Administer via the anus to patient lying on his/her side: max 1 enema per 24 hours. effect after 5-15 minutes. Never use a laxative in case of sudden abdominal pain.	4 tablets		
2C2	2C2. Lactulose syrup 300ml Duphalac	Mild laxative. increases intestinal action and softens the faeces. To ne used in cases of constipation.	15-30ml.daily.It may take up to 2-4 days before effect is obtained Never use laxative in cases of sudden abdominal pain.	1		
2C3	2C3. Sennaglycoside 7.5mg tablet Senna	Laxative, increases intestinal action and softens the faeces. To be used in cases of Constipation.	2-4 tablets purgation occurs normally about 6-8 hours after administration	50 tablets		
2D1	2D1. Loperamide 2mg tablet Imodium, Diacure	Slows down intestinal action. To be used in case of diarrhoea	2 tablets initially followed by 1 tablet after each loose stool, max 8 tablets in 24 hours. To be used until the diarrhoea stops, but no longer than 3 days. not to used more then 8 days without consulting a doctor. ORS must be administered to prevent dehydration.	40 tablets		
2D2	2D2. Activated charcoal, powder 50g Norit carbomix	Adsorption of harmful substances in the gastrointestinal tract. To be used as an aid to treat various types of poisoning.	Diarrhoea/ Food poisoning. 15-45ml to be taken one or more times daily.	1		
2F1	2F1. Proctosedyl ointment	used in cases of haemorrhoids. ointment is used to relieve pain and itching. effect is noticeable soon after application.	Apply 2-4 times daily in or around the anal opening and after a bowel movement. Do not use longer than 7 days	30 grams		
3A1	3A1. Paracetamol 500mg tablet. Hedex, Momentum, Panadol	Analgesic and antipyretic. To be use in cases of slight to moderate pain or to reduce fever. Effect noticeable after 30-40 minutes.	1-2 tablets 1-3 times daily. Max. 8 tablets per 24 hours	100 tablets		
3A2	3A2. Naproxen 250mg tablet Naprosyn	Analgesic and used in muscle injuries with swelling - torn or inflamed tendons and ligaments.. T o be used in cases of moderate pain. Gastro-intestinal discomfort, nausea, diarrhoea.	First dose 2 tablets, subsequently 1 tablet 3 times daily for 3-10 days. not to be used by patients suffering from stomach pain, gastric ulcers or asthma.	50 tablets		
3A3	3A3. Codeine / Paracetamol 10/500mg tablet	Analgesic. To be use in cases of moderate to strong pain.	1-2 tablets 1-3 times daily this drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, Soporifics and sedatives.	tablet 500/10		
3A4	3A4. Diclofenac 25mg/ml amp.3ml Voltaren	Only to be used after consulting a doctor.	Renal colic and gallstone. To be used by doctors orders only.	5x3ml ampoule		



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Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
3B1	3B1. Morphine HCL 10mg /ml amp. (IM and SC injectable)	Only to be used after consulting a doctor. Powerful analgesic. To be used in case of severe pain. Effect noticeable after 15-30 minutes; effective for approx. 4 hours Drowsiness, dizziness, nausea / vomiting, depressed respiration.	10mg intramuscularly or subcutaneous, repeat after 4 hours if necessary. Caution when using foreign preparations: 10 mg morphine hydrochloride = 20mg morphine sulphate. Not to be used in case of respiratory depression the effect of morphine can be halted using naloxone. This drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives.	10 ampoules		
3B2	3B2. Buprenofin 0.2mg Resoriblett tablet Temgesic	Only to be used after consulting a doctor. Effectiveness analgesics for 6 to 8 hours. Nausea / vomiting, respiratory depression, constipation, drowsiness.	Moderate severe pain, initially 1-2 tablets every 8 hours. The tablet should be dissolved under the tongue. This drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives.	10 tablets		
3B3	3B3. Pentazocine 50mg Suppository Fortral	Only to be used after consulting a doctor Powerful analgesic.	To be used by doctors order only. The suppository should be placed in the rectum. Care must be taken when more than one dose is given, may cause an overdose. This drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives	10 tablets		
3C1	3C1. Diazepam rectal dispenser 10mg/2.5ml Stesolid, Valium	Only to be used after consulting a doctor. Sedative, anticonvulsive and muscle-relaxant. To be used to treat an epileptic attack or before manipulating a dislocation. Effect noticeable after 5-10 minutes.	The contents of 1-2 rectal tubes are to be emptied into the rectum while patient is lying on his side. The dose may be repeated if necessary. Under difficult conditions the dose may be given orally together with a liquid. Used by doctors order only. The drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives.	5 tablets		
4A1	4A1. Diazepam 5 mg tablet Stesolid, Valium	Only to be used after consulting a doctor. Sedative	Nervous tension. To be used by doctors orders only 1/2-1 tablet up to 3 times a day. Insomnia: 1 tablet at bedtime. Should only be used for short periods. This drug can affect reaction speed and concentration. Not to be used in conjunction with with alcohol, soporifics and sedatives	20 tablets		
4B1	4B1. Chlorpromazine HCL 25mg tablet Largactil	Only to be used after consulting a doctor. Inhibits the action of the central nervous system to be used in case of (danger of) psychosis, agitation and anxiety.	1-2 tablets 3 times a day. This drug can affect reaction speed and concentration. Not to be used in conjunction with Alcohol, soporifics and sedatives.	20 tablets		



Medicine List - Norway						
Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
4B2	4B2. Chlorpromazine hydrochloride HCL 25mg/ml amp. Laragctil	Only to be used after consulting a doctor. Inhibits the action of the central nervous system to be used in case of (danger of) psychosis, agitation and anxiety.	Doses are individual This drug can affect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives.	5 ampoules		
4C1	4C1. Meclozine 25mg tablet Postafen	Reduces certain types of dizziness and remedies malfunctions of the organ of balance. To be used to prevent sea-sickness.	Use prophylactically (to prevent) for sea-sickness. Dose: 1 Tablet 1-2 times daily. This drug can effect reaction speed and concentration. Not to be used in conjunction with alcohol, soporifics and sedatives.	100 tablets		
5A1	5A1. Loratidine 10mg tablet Clarityn, Allerfree	Symptomatic relief of allergy conditions as hayfever, rash.	1 tablet daily	30 tablets		
5B1	5B1. Hydrocortisone 100mg amp.+ solvens Solu-Cortef, Efcortisol	Only to be used after consulting a doctor To be used to treat acute allergic conditions.	Used when adrenaline 1mg/ml inj. does not give adequate effect. Dose: individual infected intramuscularly or intravenously.	1 ampoule + solv		
6A1	6A1. Salbutamol 0.1mg/dose inhaler 200 doses Ventolin	Only to be used after consulting a doctor . Widens the airways to be used in case of breathing difficulty with wheezing and asthma attacks. Effect noticeable rapidly; effective for 3-4 hours	in case of asthma attacks: 1-2 doses inhaled every 4 hours if required Shake well before use.	1		
6A2	6A2. Prednisolone 5 mg tablets	Only to be used after consulting a doctor Anti-allergy steroid also essential treatment of acute asthma	from bronchial asthma: 5-20mg once daily, more in severe asthma.	30 tablets		
6B1	6B1. Dexamethorphan 30mg capsule Darolan	Reduces coughs, only for dry coughs.	1 Capsule, max 3 times daily. Not to be used by pregnant women. Should be used only for dry coughs. This drug can effect reaction speed and concentration Not to be used with alcohol, soporifics and sedatives.	10 tablets		
6B2	6B2. Codeine phosphate 30mg tablet	Only to be used after consulting a doctor Analgesic to be used in case of sticky cough.	Pain: 1-2 tablets together with 1-2 tablets paracetamol or acetylsalicylic acid 1-3 times daily. Dry cough: 1-2 tablets up to 3 times a day. Causes drowsiness : avoid dangerous machinery. Not to be used in conjunction with alcohol, soporifics and sedatives.	20 capsules		
6C1	6C1. Pseudoephedrine 120mg capsule Contac	To be used in case of colds, flu and allergy symptoms.	Adult 1 capsule in the morning and evening.	#		
6C2	6C2. Xylometazolin 0.1% nose drops 10ml Otrivin	Reduces swelling of the mucosa in the nasopharynx. To be used in case of colds, inflammation of the paranasal sinuses and middle ear.	2-3 drops into each nostril 2-3 times daily do not use for more than one week at a stretch	1		
7A1	7A1. Phenoxymethylpenicillin (as potassium salt) 500mg tablet Penicillin V, Acipen V	Only to be used after consulting a doctor. Antibiotic, to be used in case of infections caused by organisms sensitive to Phenoxymthlypenicillin.	1 tablet 2 times daily (morning and evening) Do not use if patient is allergic to penicillin. Complete the course of treatment.	20 tablets		
7A2	7A2. Erythromycin 250mg tablet	Only to be used after consulting a doctor. Antibiotic to be used in case of infections by organisms sensitive to erythromycin (also legionella). Also an alternative in case of hypersensitivity to penicillin	1 tablet 4 times daily taken with meals. Not to be used in case of hypersensitivity to erythromycin or other macrolides complete the course of treatment	50 tablets		



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Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
7A3	7A3. Amoxicillin 250mg capsule Clamoxyl, Flemoxin	Only to be used after consulting a doctor Broad-spectrum antibiotic, to be used in case of infection caused by organisms sensitive to Amoxycillin.	Not to be used in case of hypersensitivity to penicillins or cephalosporines, some bacteria are resistant to amoxicillin, rendering the drug ineffective. complete the course of treatment	100 capsules		
7A4	7A4. Doxycycline 100mg tablet Neo-dagracycline, Unidox, Vibra-S	Only to be used after consulting a doctor. Broad-spectrum antibiotic, to be used in case of infections caused by organisms sensitive to doxycycline. Also supplementary therapy in the treatment of malaria.	2 tablets at once, subsequently 1 tablet daily for at least 5 days, or up to 1-2 days after the fever has subsided. Take sitting or standing with a large quantity of water. Not to be used in case of hypersensitivity to tetracyclines. complete the course of treatment.	50 tablets		
7A5	7A5. Benzylpenicillin sodium 600mg vial. Crystapen	Only to be used after consulting a doctor Antibiotic to be used in case of infection by organisms sensitive to benzylpenicillin.	To be used on doctors orders only. not to be used in case of hypersensitivity to penicillins	10 ampoules		
7A6	7A6. Ciprofloxacin 250mg tablets Ciproxin	Only to be used after consulting a doctor. Broad-spectrum bactericide, to be used in case of infections by organisms sensitive to Ciprofloxacin.	Twice a day 250-500mg, depending on the severity and location of the infection. Not to be used in case of hypersensitivity to ciproflocacine or other quinolones. Complete the course of treatment.	20 Tablets		
7B1	7B1. Trimethoprim - sulfametoxazol 400+80 mg tablet Bactrimel, Sulfotrim, Trimoxazol.	Only to be used after consulting a doctor. Broad-Spectrum antimicrobic, to be used in case of infection of the airways, urinary tract, genitalia and gastrointestinal tract caused by organisms sensitive to co-trimazole.	Drink plenty of fluids to prevent crystals forming in the urine. Not to be used in case of hypersensitivity to sulphonamides or trimethoprim. If a rash appears, administration should be halted. Complete the course of treatment.	50 tablets		
7C1	7C1. Trimethoprim 100mg tablet Monotrim	Only to be used after consulting a doctor Antimicrobial, to be used in case of infections of the urinary tract.	Urinary tract infection. To be used by doctors orders only. 1 tablet twice daily. not to be used in case of hypersensitivity to sulphonamides or trimethoprim. If a rash appears, administration should be halted. Complete the course of treatment.	30 tablets		
7D1	7D1. Chloroquine phosphate 250mg tablet, contains 200mg base. Nivaquine	When treating malaria only to be used after consulting a doctor. To be used in malaria prophylaxis and for the treatment of an uncomplicated malaria attack.	Prophylaxis: 2 tablets once a week on the same weekday, during/just after a meal. Has to be taken 1 week before arrival in malaria infected area, during the whole stay and for 4 weeks after departure from malarial area. Obtain the latest information on areas of resistance.	100 tablets		



Medicine List - Norway						
Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
7D2	7D2. Proguanil 100 mg tablet Paludrine	To be used for malaria prophylaxis	Malaria prophylaxis 2 tablets daily. To be taken after meal, each day at the same time. Has to be taken 1 week before arrival in malarial area. during the whole stay and for 4 weeks after departure from the malarial area. Always combine with chloroquine.	250 tablets		
7D3	7D3. Meflokin 250mg tablet Lariam, Mefloquine	To be used for malaria prophylaxis.	Malaria prophylaxis: 1 tablet once a week on the same weekday, during or after a meal. has to be taken 1 week before arrival in malarial area during the whole stay and for 4 weeks after departure from malarial area.	8 tablets		
7D4	7D4. Permethrin lotion 10mg/ml 59ml Loxazol	To be used un case of head lice and scabies. Kills both mites and the nits	Wash the hair with normal shampoo, rinse and dry with a towel. apply the lotion over the hair and the complete scalp. 1 bottle is enough for 1 person. the lotion should be left on for 10 minutes, wash the hair with water and dry it with a towel. if necessary the treatment can be repeated after 7-14 days. shake the bottle before use. Avoid contact with eyes and mucous membranes. do not use on broken or secondarily infected skin.	1 bottle		
7D5	7D5. Permethrin 5% cream Loxazol, Nix.	To be used in case of Scabies.	See enclosed instructions. for external use only. Avoid getting the cream in your eyes if you do rinse your eyes well with water or saline solution.	1 tube		
70	7E1. Metronidazol 500mg tablet. Flagyl	Only to be used after consulting a doctor. anti-microbe, to be used in case of infections by protozoa (including amoebae) and bacteria that live in the gut.	Dose 3-4 times a day 500mg for 5-10days. complete the course of treatment! not to be used in case of hypersensitivity to metronidazole or other imidazole compounds. not to be used in conjunction with alcohol.	50 tablets		
700	7E2. Mebendazole 100mg tablet Vermox	Anti-parasite, to be used in case of infections by worms	Intestinal worm infection. dose 1 tablet twice daily for 3 days to be repeated after 1-2 weeks.	6 tablets		
7F1	7F1. Tetanus vaccine ampoule 0.5ml (IM injection)	Only to be used after consulting a doctor Tetanus prophylaxis in case of wounds Administering the vaccine stimulates the production of antibodies (active immunization).	In case of wounds: last vaccination 5-10 years ago then 1 dose of vaccine. Last vaccination more than 10 years ago: full vaccination course ( 3 doses) See also 7F2.	1 ampoule		



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Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
7F2	7F2. Tetanus immunoglobulin ampoule 250E/2ml (IM injection)	Only to be used after consulting a doctor. Immediate protection from administering antibodies to tetanus (passive immunization) in case of "dirty" wounds. to be used if last vaccination was more than 10 years ago	To be used on doctors orders only . Once only 1 ampoule intramuscularly. at the same time first dose of 7F1 at different injection site. Administration more than three days after wounds occurred is not worthwhile. See also 7F1.	125IE/ml ampoule		
8,1	8.1. Glucose 50mg/ml infusion 1000ml Dextrose	Use as intravenous drip only after consulting a doctor. Used as intravenous drip-enema to treat dehydration	Promote rehydration and caloric intake. to be used on doctors orders only.	1		
8,2	8.2. NaCL 0.9 infusion 1000ml	Use as intravenous drip only after consulting a doctor Used as a drip-enema to treat dehydration. Also as an eye bath to treat chemicals in the eye (MFAG): table 7.	Promote rehydration and electrolyte intake. Max. 500ml per hour, higher rate in emergencies. As a rule 1500-3000ml per 24 hours.	1		
8,3	8.3 Polygeline infusion, bottle 500ml Haemacel	Only to be used after consulting a doctor. to be used as a plasma substitute in case of shock due to blood or plasma loss.	To expand plasma volume. Max. 500ml per hour, higher rate in emergencies.	1		
8,4	8.4 Oral Rehydration salts. ORS	Corrects fluid and salt balance, e.g. in case of diarrhoea. to be used to prevent or treat dehydration.	Dissolve the sachet in 1000ml clean drinking water. take 1-2 litres a day + 1 glass after each bowel movement. Excessive concentrations are harmful. solution keeps for 24 hours.	1 box		
8,5	8.5 NaCL tablet 400mg + coating glucose 100mg tablet. Sodium chloride tablets, salt tablets.	To be used to prevent salt deficiency in case of severe perspiration when working in tropical heat and to treat "stoker's cramp" (heat cramp)	1 tablet to each 1/2 litre of water. Max 6-8 tablets a day with 4-6 litres of water.	250 tablets		
9A1	9A1. Chlorhexadine 1mg/ml 100ml	Antiseptic to be used to disinfect skin and wounds.	Externally for cleaning of surface sores and burns. Do not use in or around the ears. avoid contact with eyes and mucous membranes.	1		
9A2	9A2. Bacitracin Chlorhexidine ointment 5G	Anti-infection ointment	Use externally once or twice daily for skin infections. do not use in or around the ears. avoid contact with eyes and mucous membranes	1		
9A3.	9A3. Fucidic acid 2% ointment 15G Fucidin.	Anti-infection ointment	Highly infected sores. Apply twice daily on highly infected sores. Avoid contact with eyes and mucous membranes.	1		
9A4.	9A4. Fucidic acid 2% gauze 10x10cm Fucidin interulle	Anti-infection gauze.	Use with highly infected sores, abscesses and small burns. place the ointment pad on the sore. Cover with a sterile compress and fasten with plaster, gauze or net bandage. Avoid contact with eyes and mucous membranes.	10 tablets		
9A5	9A5. Lidocaine ointment 5% 30g Xylocaine	Local anaesthetic ointment	External use only use only . acts as an anaesthetic. Use for sun and jelly fish burns, first degree burns, insect bites or similar. Not to be used on open sores or broken skin.	1		



Medicine List - Norway						
Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
9A6	9A6. Ibuprofen gel 5% 50g Advil fast free.	Gel for muscle pain. to be used as an aid to treat muscle pain.	External use only: rub on to the painful area 2-3 times daily for up to 7 days. Avoid contact with eyes and mucous membranes and inflamed or broken skin. hands should be washed immediately after use.	1		
9A7	9A7. Hydrocortisone acetate 1% ointment 30g	Only to be used after consulting a doctor. Anti-inflammatory and anti allergic effect. To be used in case of itching and irritation, e.g. due to dry eczema.	For external use. Apply a few days reduce to once a day. Not to be used if the eczema is infected, tetracycline 1% eye ointment may be used. do not use on open wounds or inflamed skin.	1		
9A8	9A8. Triamcinolon 0.1% cream 15g	Only to be used after consulting a doctor. Adrenocorticotrophic hormone with anti-inflammatory and anti allergic effects. to be used in case of itching and irritation, e.g due to dry eczema.	For external use only to be used by doctors orders only. apply sparingly twice a day not to be used if eczema is infected. Do not use on open wounds or inflamed skin.	1		
9A9	9A9. Clotrimazol 1% cream 20g Canesten	To be used for fungal skin infections.	Apply thinly 2-3 times daily. rub in well on effected areas. treatment normally lasts 3-4 weeks after symptoms have disappeared. Avoid contact with eyes and mucous membranes see also 9A10.	1		
9A10	9A1(0). Clotrimazol 1% powder 20g Canesten	To be used for fungal skin infections	Skin fungus to be used together with cream 9A9 Powder into shoes and stockings Avoid contact with eyes and mucous membranes.	1		
9A11	9A1(1). Silver Sulphadiazine cream 1% 50g Flammazine	Only to be used after consulting a doctor Disinfectant, To be used to prevent and treat infections in second and third-degree burns. Also analgesic due to cooling effect.	Apply in a 3mm think layer. Remove daily by washing with sterile water before re application After cream has been applied the appearance of the wound changes, making it difficult to assess the severity	1		
9B1	9B1. Chloramphenicol 0.5% eye drops (single use)	Anti microbe eye drops to be used in case of eye infections	1-2 Drops in each eye 4-6 times daily for one week. each single dose pack to be used once daily.	20 pieces		
9B2	9B2. Tetracycline 1% eye ointment 5g	Anti microbe eye ointment. T o be used in case of eye infections.	Ointment should be applied 2-3 times daily to inner side of lower eyelid. To be used by doctors orders only. Each patient should have his/her individual tube discard the tube month after opening.	1		
9B3	9B3. Dexamethasone/ framycetine/gramicidine eyedrops 8ml Sofradex	Anti microbe eye drops anti-inflammatory and anti-allergic effect.	To be used by doctors orders only 1 drop in the eye 3-4 times daily. Each patient should have his/her individual container . Limited shelf life once opened, discard after one month.	1		



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Item Number	Item Name	Treatment Requirements	Recommended Dosage	Minimum Qty Required	On Board Quantity	Order Quantity
9B4	9B4. Oxybuprocaine HCL 0.4% Eye drops (single use)	only to be used after consulting a doctor Anaesthetic eye drops. to be used when removing dirt from the eye. Effect noticeable after a few minutes; effective for 30 minutes.	1-2 Drops in the eye as local anaesthetic the eye must be covered as long as the anaesthetic effect lasts. to be used only when removing foreign object from the eye. use once and discard store between 8-15 C. Administer at room temperature. Caution as it renders the eye insensitive rubbing the eye to hard can cause damage without realizing this!	20 Pods		
9B5	9B5. Pilocarpine 2% eyedrops 10ml Isoptocarpine	Only to be used after consulting a doctor reduces pressure of the eye to be used to treat glaucoma (abnormally high pressure in the eye)	1 drop inside the lower eyelid 2-3times a day discontinue wearing of contact lenses discard bottle one month after opening.	10ml		
9B6	9B6. Sodium chloride 0.9% eyewash 30ml	used as an eye bath to treat chemicals and the eye	For bathing and rinsing of eyes	4 pieces		
9B7	9B7. Fluoresceine paperstrips 1% (single use)	To be used when examining the eye to detects damage to the cornea and foreign bodies. Damage shows up as yellow / green ring around dirt and splinters.	Hold the strip in purified water and drip 1-2 drops from the strip inside the lower eyelid. use once and discard. the fluorescent effect is easier to see if illuminated by a penlight with a blue cap.	20 Strips		
9C1	9C1. Oxytetracycline / hydrocortisonacetaat polymyxine B Terracortil	Only to be used after consulting a doctor anti microbe ear drops anti-inflammatory and anti-allergic effect. to be used in case of itchy or painful inflammation of the external auditory canal.	2-4 drops in the ear 3 times daily. Warm the eardrops to body temperature before use. Not to be used in case of (possibility of) perforated eardrum. Limited shelf life once opened, discard after one month.	1		
9C2	9C2. Lidocain eardrops 0.5% 10ml Otalgan	Analgesic for acute inflammation of the middle ear.	Warm the eardrops to body temperature before use, 2-4 drops in the ear daily. plug the ear with cotton wool. Not to be used in case of (possibility of) perforated eardrum. only alleviates the symptoms, does not treat the inflammation. discard open bottles after one month.	1		
9D1	9D1. Chlorhexidine mouthwash 2% Corsodyl	For disinfecting the mouth cavity, to be used in case of infections of throat and gums.	Dose first brush the teeth rinse the mouth with 10ml of the solution for one minute twice daily. spit out , Do NOT swallow	1		
900	9E2. Lignocaine 2% (SC and IM injectable) Xylocaine	Only to be used after consulting a doctor. To be used as a local anaesthetic when stitching wounds or performing minor surgery. Effect noticeable after 5 minutes effectiveness for 30-60 minutes.	Dose 1-5ml injected into outermost layer of skin prior to short, painful minor operations. l Max. 200mg (=10ml)	1		